

ITEMS NEEDED FOR MISSION TRIPS TO GUATEMALA

Rainbow World Fund (rainbowfund.org), an all-volunteer humanitarian aid nonprofit based in the LGBTQ+ community, is sponsoring a mission trip to Guatemala. Our goal is to take 1,000 lbs. of desperately needed medical and school supplies to clinics, orphanages, and schools in Guatemala. *Cash, check or credit card donations are extremely welcome, and fully tax-deductible. 100% of your donation will go to support those in need.*

THANK YOU FOR YOUR HELP. YOU MAKE A DIFFERENCE!

Medical Supplies (items in red can be easily be purchased at Costco or a similar store)

- **Bandages and band-aids** (all sizes), 4x4" and 2x2" gauze, tape, butterfly dressings, etc.
- **Pain relief medicine such as Aspirin, Ibuprofen, Tylenol, NSAIDs (Motrin, Aleve)**
- **Anti-fungal creams and powders, also anti-microbial solutions**
- Anti-depressants and anti-anxiety meds
- Anti-retrovirals, particularly AZT, 3TC and protease inhibitors, also AIDS tests
- **Anti-nausea/anti-vomiting medications**
- **Multi-vitamins** - infant, child and adult, **especially pre-natal**
- **Other vitamins and minerals, particularly B6, C and E, Zinc**
- IV antibiotics and oral antibiotics
- IV supplies- needles, bags of fluid, tubing, connectors
- Sutures and suture equipment
- **Latex and vinyl gloves**, syringes and needles - all types
- Eye solutions and cleanser
- Asthma medications, nebulizers, and inhalers
- **Diabetic test strips and same brand test machine** and urine dip sticks
- **Ace bandages**, casting materials, and splints
- **Dental supplies, including toothbrushes and toothpaste**
- **Pregnancy tests** and gestation wheels, and measuring tapes for midwives (plastic preferred)

Medical Equipment

- **Stethoscopes** - infant, child, adult & **Blood pressure cuffs** - all sizes
- **Digital thermometers (centigrade)** for infants and adults, and basal thermometers
- Ophthalmoscopes, otoscopes, hearing testing tools, eye charts
- Stainless steel instruments, especially scalpels and blades, scissors and hemostats
- Fetal Doppler, any type, and Doppler gel + Baby/adult scales (fish and tabletop)
- Baby scales (fish and tabletop), adult scales
- O₂ equipment - regulators, tubing, masks, ambu-bags
- Ultrasound machines - portable and with battery

Teaching Materials (in Spanish)

- Medical and nursing textbooks, maternity/growth charts, etc.
- Physician's Desk Reference & Models - babies/pelvises/skeletons, etc.

School Supplies

- **Pens, pencils, sharpeners, crayons, paints, rulers, solar-powered calculators, backpacks, notebooks, ...**

Space is still available on the trip! Contact Jeff @ 415-608-5333 or email jcotter@rainbowfund.org